

# WELCOME TO CAMP WESTWIND 2023 Camper Handbook

*Your Guide to a Safe and Enjoyable  
Experience at Westwind*



## We are excited to welcome you to Westwind this summer!

As you know, Westwind is a special place. Situated within the larger Cascade Head Biosphere Reserve, Westwind's 529 acres contain each iconic landscape of the Oregon Coast: headland meadows, dense Sitka Spruce and Hemlock rainforest, a dynamic estuary, and the unparalleled beach and rocky coastline of the Pacific Ocean. The Westwind Stewardship Group is charged with protecting Westwind's ecosystems and facilitating educational and inspirational experiences for children, families and private groups.

Stroll more than a mile of unspoiled ocean beach. Observe the abundant wildlife of the Salmon River estuary. Play in the sand. Explore deep rainforest ecosystems. Meander through upland meadows. Study marine life in coastal tide pools. Discover hidden lakes and babbling streams. This and more await you at Camp Westwind.

## ABOUT WESTWIND



Westwind is a 529-acre camp, farm, and wilderness area set in the middle of the Cascade Head UN Biosphere Reserve in Oregon. Owned and operated by the Westwind Stewardship Group, Westwind is home to Camp Westwind, outdoor school, workshops, events, and volunteer programs.

### COVID Guidance

Families will be asked to participate in a health and symptoms screening during their camp check-in. If symptoms are present, we may ask for individuals to complete a Covid-19 test as an added precaution. Families are also encouraged to show proof of Covid-19 vaccination during check-in.

If a camper presents symptoms while at camp, they will be asked to test for Covid-19. If the test is positive, campers will be expected to return home. If the test is negative, they may remain at camp and continue to test and/or mask as needed.

For more information about our Covid policies, refer to our website or email us at [info@westwind.org](mailto:info@westwind.org).

### Our Vision

All children have access to wild and undeveloped landscapes and are allowed to discover the interconnection, complexity and splendor of living in balance with natural systems.

### Our Mission

Conserve the Westwind site in perpetuity; foster life-changing outdoor experiences for all children, families and groups; and promote environmental stewardship as a basis for sustainable living.

### Important Information about Your Camper's Health History Forms

All health history information is captured in our online registration system. We DO NOT REQUIRE ANY PAPER FORMS. If you registered for camp in the past you merely need to verify the information is still up-to-date. While it is possible to skip the form and complete it at another time we still require completion prior to your camper's session. This form is very important and ensures your camper is set up for a successful camp experience. Our online system will remind you automatically if you have any incomplete forms. If your camper arrives to camp with an incomplete form they will be unable to participate in activities until their health history information is complete.

Please note that all this information is held with confidence and is shared only with the on-site medical volunteer, and the Camp Director and camp counselor as needed.

## Camp Store

We will have a limited selection of sweatshirts, t-shirts, and souvenirs such as hats, bandanas, sunglasses, etc. We recommend families pre-order on our website before coming to camp. To purchase items on site at our camp store, campers must have store money put in their account in advance. When you register for a summer session, you may include an amount that they are able to spend at the store.

Campers may not use cash during youth camps.

To order from our online store, please visit:

<http://otgpromoshop.com/westwind>

## Camp Payments

Camp Westwind offers flexible payment options. You may make payments in whatever fashion suits your budget be that weekly, monthly, quarterly, etc. We do need to have camp paid for prior to attending. If you are in need of any financial assistance, (even just partial fees), Campership applications are available online.

## Bus and Transportation

We are happy to offer transportation in 2023. Buses are departing from the Multnomah Education Service District (MESD) located at: 11611 NE Ainsworth Cir, Portland, OR 97220

Please go to the back of the building and look for staff who will provide further instruction. To view check-in and check-out times for each schedule, please regard the schedule below.

Please indicate whether your camper will be arriving by bus or car.

To do this, please follow these steps:

- Login to your UltraCamp account
- Click on "My Reservations"
- Select the applicable reservation
- Select "Edit" next to "Options"
- Choose the appropriate transportation option (bus or no bus)

At check-in for bus or car on the first day of camp, please find a staff member to check-in with and follow instructions.

The person who picks up your camper after camp MUST have a photo ID and be on the Authorized Pick-Up List. If you need to verify this list please email us at [info@westwind.org](mailto:info@westwind.org).

Please verify you have your camper's bag as many bags look alike. We recommend labeling everything.

**We highly recommend packing a lunch for your camper for the bus ride on Sunday.** Food is not provided on the bus for the ride to camp and the first meal children will be served is dinner at 6pm. Please plan accordingly for your camper.

## Emergency Contact

In the case of an emergency please call the camp office at **541.994.2383**. We are also available by email. Should there be any incident or major injury at camp, parents/guardians will be contacted. Please ensure all camper emergency contact information is up-to-date in your UltraCamp account.

## Transfers and Cancellations

We understand that plans change and you may have to cancel or transfer your reservation. If your camper is sick and cannot come to their session, we will provide a full refund, less the non-refundable deposit, with proof of a doctor's note or positive test. If Westwind has to cancel its programs, we will offer refunds or credit. Please review the complete policies at: <http://westwind.org/camps/general-information/>

## Mail

Campers love to receive mail, but before you drop that note or package in the mailbox please understand it often takes 4-5 days to reach camp. If you would like to send mail we encourage you to give it to the staff person checking campers in at the bus or Knight Park and we will make sure it gets to your camper. If you choose this option, please mark envelopes with a piece of paper with which day you would like it delivered (if you have a preference). Mail will be delivered daily at lunch Monday through Thursday.

Please DO NOT send food of any kind to your camper - our furry critters can't keep their paws out of it and it will be confiscated until the end of the week. We also ask that you refrain from sending toys, small plastic items that may become microtrash, or glitter. These items are not aligned with the mission of the Westwind Stewardship Group and often lead to increased litter on our beautiful site.

If mailing please include a return address.

The address is:

**Camp Westwind Session Name**  
**Camper's Name**  
**PO Box 408**  
**Otis, Oregon 97368**

We also offer an email service that you can pay for. One-way emails cost \$12 for the session and allow you to send emails to your camper that are delivered daily. You can add this to your camper's reservation online.

## Arrival and Departure

### Bus Schedule

Session	Start Date	Check in at MESD	End Date	Pick up at MESD
1	June 25	11:30am	June 30	3:30pm
2	July 2	11:30am	July 7	3:30pm
3	July 9	11:30am	July 14	3:30pm
4	July 23	11:30am	July 28	3:30pm
First Timers	July 23	—	July 25	—
Mini Camp	July 25	—	July 28	—
5	August 6	11:30am	August 11	3:30pm
6	August 13	11:30am	August 18	3:30pm
7	August 20	11:30am	August 25	3:30pm

### Car Schedule

Session	Start Date	Check in at Knight Park	End Date	Pick up at Knight Park
1	June 25	1:00pm	June 30	11:30am
2	July 2	1:00pm	July 7	11:30am
3	July 9	1:30pm	July 14	11:30am
4	July 23	1:30pm	July 28	11:30am
First Timers	July 23	1:30pm	July 25	10:00am
Mini Camp	July 25	2:30pm	July 28	11:30am
5	August 6	1:30pm	August 11	11:30am
6	August 13	1:30pm	August 18	11:30am
7	August 20	1:30pm	August 25	11:30am

Westwind uses Knight County Park and its boat ramp all summer along for dropping off and picking up campers. This is a public space and we ask that you help us keep it clean by using trash cans and limiting your stay. Please drive slowly and carefully on 3 Rocks Road. Westwind is one of many neighbors, and we want to keep our neighborhood safe for everyone.



# CAMPER PACKING LIST & TIPS

## Clothing

- Masks
- Jeans, pants or sweatpants (2-3 pair)
- Shorts (2-3 pair)
- T-shirts, long sleeved shirts
- Sweatshirts, warm sweater
- Warm jacket
- Underwear
- Socks
- Pajamas
- Waterproof rain gear (jacket/poncho)
- Swimsuit
- Something white to tie dye (T-shirt, socks, etc.)
- A set of shorts, t-shirt, shoes that can get really muddy – “mud mucking clothes”
- Sturdy shoes or boots for hiking
- Sturdy shoes for sand & water (flip flops are not recommended)

## Sleeping

- Warm sleeping bag
- Pillow
- Twin sheet to cover mattress (optional, but recommended)
- Extra blanket for warmth

## Toiletries

- Bath towel
- Beach towel
- Toothpaste and toothbrush
- Soap
- Shampoo & conditioner
- Comb/brush
- Sunscreen-VERY IMPORTANT
- Insect repellent
- Medications (in original containers, marked, with instructions - must be turned in at Check In)

## Other

- Water bottle
- Flashlight/Headlamp and extra batteries
- Hat for the sun
- Backpack for hikes/overnights
- Camera

## Packing Tips

- Please label ALL belongings with your camper's full name - this helps facilitate the lost & found process.
- Please DO NOT bring your packed items in a plastic garbage bag - this does not support our environmental mission.
- Pack items in bags you can easily carry up a steep, sandy hill. Wheeled bags are not recommended.
- Remember coastal weather- it is typically 10+ degrees cooler than Portland. Please pack accordingly.

## A Note about Personal Care Products

Westwind is on a septic system and we need your help to keep it running properly. Please DO NOT use antibacterial soaps (the septic system relies on healthy bacteria to run properly), body washes and other products high in fats and proteins. There are biodegradable, castile, and other environmentally-friendly products available at most grocery stores.

## Please DO NOT bring these items to camp:

- Electronics other than cameras (phones, tablets, music devices, etc.)
- Weapons
- Any illegal substance
- Pets
- Food (other than meals for the bus)

\*Devices brought to camp or on the bus for entertainment will be checked in on the first day and checked out on the last.

## Lost and Found!

Email [info@westwind.org](mailto:info@westwind.org) to schedule a time to find your belongings. We will open our office in September for you to retrieve your lost and found if you do not contact us during the summer.

