

# WELCOME TO CAMP WESTWIND 2022 Camper Handbook

*Your Guide to a Safe and Enjoyable  
Experience at Westwind*



## We are excited to welcome you to Westwind this summer!

As you know, Westwind is a special place. Situated within the larger Cascade Head Biosphere Reserve, Westwind's 529 acres contain each iconic landscape of the Oregon Coast: headland meadows, dense Sitka Spruce and Hemlock rainforest, a dynamic estuary, and the unparalleled beach and rocky coastline of the Pacific Ocean. The Westwind Stewardship Group is charged with protecting Westwind's ecosystems and facilitating educational and inspirational experiences for children, families and private groups.

Stroll more than a mile of unspoiled ocean beach. Observe the abundant wildlife of the Salmon River estuary. Play in the sand. Explore deep rainforest ecosystems. Meander through upland meadows. Study marine life in coastal tide pools. Discover hidden lakes and babbling streams. This and more await you at Camp Westwind.

# ABOUT WESTWIND



Westwind is a 529-acre camp, farm, and wilderness area set in the middle of the Cascade Head UN Biosphere Reserve in Oregon. Owned and operated by the Westwind Stewardship Group, Westwind is home to Camp Westwind, outdoor school, workshops, events, and volunteer programs.

## COVID Guidance

As of April 15, 2022, our COVID guidance is as follows:

- At check-in, proof of vaccination or a negative COVID test taken 72 hours before camp begins. This is required for all campers.
- Masks may be required indoors throughout the camp session.
- Thorough hand washing or sanitizing required throughout the day and before every meal.
- On-site testing as symptoms arise during the session.

We will continue to update our website if guidance changes before summer begins.

<https://westwind.org/about-westwind/covid-19-updates/>

## Our Vision

All children have access to wild and undeveloped landscapes and are allowed to discover the interconnection, complexity and splendor of living in balance with natural systems.

## Our Mission

Conserve the Westwind site in perpetuity; foster life-changing outdoor experiences for all children, families and groups; and promote environmental stewardship as a basis for sustainable living.

## Important Information about Your Camper's Health History Forms

All health history information is captured in our online registration system. We DO NOT REQUIRE ANY PAPER FORMS. If you registered for camp in the past you merely need to verify the information is still up-to-date. While it is possible to skip the form and complete it at another time we still require completion prior to your camper's session. This form is very important and ensures your camper is set up for a successful camp experience. Our online system will remind you automatically if you have any incomplete forms. If your camper arrives to camp with an incomplete form they will be unable to participate in activities until their health history information is complete.

Please note that all this information is held with confidence and is shared only with the on-site medical volunteer, and the Camp Director and camp counselor as needed.

## Camp Store

We will have a limited selection of sweatshirts, t-shirts, and souvenirs such as hats, bandanas, sunglasses, etc. We are asking families to pre-order 2022 apparel on our online store. To purchase items on site at our camp store, campers must have store money put in their account in advance. When you register for a summer session, you may include an amount that they are able to spend at the store.

Campers may not use cash during youth camps.

To order from our online store, please visit:

<http://otgpromoshop.com/westwind>

## Camp Payments

Camp Westwind offers flexible payment options. You may make payments in whatever fashion suits your budget be that weekly, monthly, quarterly, etc. We do need to have camp paid for prior to attending. If you are in need of any financial assistance, (even just partial fees), Campership applications are available online.

## Bus and Transportation

We are happy to offer transportation in 2022. Please review the times listed below. **Please note: we currently CANNOT offer a bus option for Session 4 (July 17-22). We apologize for this inconvenience.**

Buses are now departing from the Multnomah Education Service District (MESD) located at:

11611 NE Ainsworth Cir, Portland, OR 97220

Please go to the back of the building and look for staff who will provide further instruction. To view check-in and check-out times for each schedule, please regard the schedule below.

Please indicate whether your camper will be arriving by bus or car.

To do this, please follow these steps:

- Login to your UltraCamp account
- Click on "My Reservations"
- Select the applicable reservation
- Select "Edit" next to "Options"
- Choose the appropriate transportation option (bus or no bus)

At check-in for bus or car on the first day of camp, please find a staff member to check-in with and follow instructions.

The person who picks up your camper after camp MUST have a photo ID and be on the Authorized Pick- Up List. If you need to verify this list please contact the office at **541.994.2383**.

Please verify you have your camper's bag as many bags look alike.

## Emergency Contact

In the case of an emergency please call the camp office at **541.994.2383**. We are also available by email. Should there be any incident or major injury at camp, parents/guardians will be contacted. Please ensure all camper emergency contact information is up-to-date in your UltraCamp account.

## Transfers and Cancellations

We understand that plans change and you may have to cancel or transfer your reservation. There are costs incurred every time we cancel and transfer reservations. That is why our policy indicates a \$15 transfer fee and a sliding scale for cancellations. If your camper tests positive for COVID-19 and cannot come to their session, we will provide a full refund with proof of a doctor's note or positive test. If Westwind has to cancel its programs, we will offer refunds or credit. Please review the complete policies at:

<http://westwind.org/camps/general-information/>

## Mail

Campers love to receive mail, but before you drop that note or package in the mailbox please understand it often takes 4-5 days to reach camp. If you would like to send mail we encourage you to give it to the staff person checking campers in at the bus or Knight Park and we will make sure it gets to your camper. If you choose this option, please mark envelopes with a piece of paper with which day you would like it delivered (if you have a preference).

If mailing please include a return address. Please DO NOT send food - our furry critters can't keep their paws out of it...

The address is:

**Camp Westwind Session Name**  
**Camper's Name**  
**PO Box 408**  
**Otis, Oregon 97368**

# CAMPER PACKING LIST & TIPS

## Clothing

- Masks
- Jeans, pants or sweatpants (2-3 pair)
- Shorts (2-3 pair)
- T-shirts, long sleeved shirts
- Sweatshirts, warm sweater
- Warm jacket
- Underwear
- Socks
- Pajamas
- Waterproof rain gear (jacket/poncho)
- Swimsuit
- Something white to tie dye (T-shirt, socks, etc.)
- A set of shorts, t-shirt, shoes that can get really muddy – “mud mucking clothes”
- Sturdy shoes or boots for hiking
- Sturdy shoes for sand & water (flip flops are not recommended)

## Sleeping

- Warm sleeping bag
- Pillow
- Twin sheet to cover mattress (optional, but recommended)
- Extra blanket for warmth

## Toiletries

- Bath towel
- Beach towel
- Toothpaste and toothbrush
- Soap
- Shampoo & conditioner
- Comb/brush
- Sunscreen-VERY IMPORTANT
- Insect repellent
- Medications (in original containers, marked, with instructions - must be turned in at Check In)

## Other

- Water bottle
- Flashlight/Headlamp and extra batteries
- Hat for the sun
- Backpack for hikes/overnights
- Camera

## Packing Tips

- Please label ALL belongings with your camper's full name - this helps facilitate the lost & found process.
- Please DO NOT bring your packed items in a plastic garbage bag - this does not support our environmental mission.
- Pack items in bags you can easily carry up a steep, sandy hill. Wheeled bags are NOT recommended.
- Remember coastal weather- it is typically 10+ degrees cooler than Portland. Please pack accordingly.

## A Note about Personal Care Products

Westwind is on a septic system and we need your help to keep it running properly. Please DO NOT use antibacterial soaps (the septic system relies on healthy bacteria to run properly), body washes and other products high in fats and proteins. There are biodegradable, castile, and other environmentally-friendly products available at most grocery stores.

## Please DO NOT bring these items to camp:

- Electronics other than cameras (phones, tablets, music devices, etc.)
- Weapons
- Any illegal substance
- Pets

\*Devices brought to camp or on the bus for entertainment will be checked in on the first day and checked out on the last.

## Lost and Found!

Email [info@westwind.org](mailto:info@westwind.org) to schedule a time to find your belongings. We will open our office in September for you to retrieve your lost and found if you do not contact us during the summer.

## Arrival and Departure

### Bus Schedule

Session	Start Date	Check in at MESD	End Date	Pick up at MESD
1	June 19	11:00am	June 24	3:00pm
2	June 26	11:00am	July 1	3:00pm
3	July 3	11:00am	July 8	3:00pm
4* No Bus!	July 17	–	July 22	–
5	July 31	11:00am	August 5	3:00pm
6	August 7	11:00am	August 12	3:00pm

### Car Schedule

Session	Start Date	Check in at Knight Park	End Date	Pick up at Knight Park
1	June 19	1:00pm	June 24	11:30am
2	June 26	1:00pm	July 1	11:30am
3	July 3	1:00pm	July 8	11:30am
4	July 17	1:00pm	July 22	11:30am
5	July 31	1:00pm	August 5	11:30am
6	August 7	1:00pm	August 12	11:30am

Westwind uses Knight County Park and its boat ramp all summer long for dropping off and picking up campers. This is a public space and we ask that you help us keep it clean by using trash cans and limiting your stay. Please drive slowly and carefully on 3 Rocks Road. Westwind is one of many neighbors, and we want to keep our neighborhood safe for everyone.

