CAMP WESTWIND 2019 FAMILY CAMPER HANDBOOK

Welcome to Westwind! This Handbook provides essential information for Westwind family campers, with a particular focus on what to bring, forms required, and transportation logistics for getting to Westwind. A great camp experience awaits you all, and reviewing this Handbook is a crucial step to insure everyone is prepared and ready for Camp Westwind.



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Important Information about Your Camper's Health History Forms

All health history information is captured in our online registration system. We DO NOT REQUIRE ANY PAPER FORMS. If you registered for camp in the past, you merely need to verify the information is still up to date. While it is possible to skip the form and complete it at another time we still require completion prior to your camper's session. This form is very important and ensures your camper is set up for a successful camp experience. Our online system will remind you automatically if you have any incomplete forms. If your camper arrives to camp with an incomplete form, there will be a \$25 late fee and will be unable to participate in activities until their health history information is complete.

What will we do at Camp Westwind? Click here to see our <u>Sample Daily Schedule</u> or go to http://westwind.org/camps/family-camps/

\$ Camp Store, Massage Therapist, and Babysitters

Camp Westwind Family Camps offer a few perks. In our camp store we sell souvenirs such as T-shirts, sweatshirts, mugs and hats. Massage Therapists volunteer their time to offer massage with the proceeds going to the campership fund (tips are theirs to keep, please bring cash for tips). These may all be "charged" to an account and settled at the end of camp.

Teen babysitters volunteer their time to help parents as needed and participate in kid's groups. We collect tips for the babysitters and share them equally among them. If you would like to participate, please bring cash so we can distribute the tips at the end of the session

Camp Payments

Camp Westwind offers flexible payment options. You may make payments in whatever fashion suits your budget be that weekly, monthly, quarterly, etc. We do need to have camp paid for prior to attending. If you are in need of any financial assistance (even just partial fees) Campership applications are available online.

Emergency Contact

In the case of an emergency please call the camp office at **541.994.2383**

Transfers and Cancellations

We understand that plans change and you may have to cancel or transfer your reservation. There are costs incurred every time we cancel and transfer reservations. That is why our policy indicates a \$15 transfer fee and a sliding scale for cancellations. Please review the complete policy at: http://westwind.org/camps/generalinformation/



TRANSPORTATION

Important Information for Knight Park Drop Off

We strongly encourage families to carpool as much as possible. There are a limited number of parking spots.

Please drive SLOWLY and follow staff instructions, there will be many excited kids in the parking lot.

Knight Park is a PUBLIC park. Please remain with your child at all times. No running or playing in the parking lot.

Please park and bring your camper(s) to Westwind staff. DO NOT park in the boat trailer spaces and give the right of way to boaters.

Once campers have been dropped off, drive around to the Westwind Property (N. Fraser Rd. off of Rt. 101). Please follow parking instructions given by staff members. Luggage will be unloaded in the Westwind truck.

Once luggage has been unloaded, you will be shuttled to the barge by Westwind staff. Please do not leave valuables in your car. We are not responsible if you lose any items from your car. The parking area is in a remote location so any break in is unlikely.

Arrival and Departure Schedule

Session	Start Date	Check-in at Knight Park	End Date	Pick-up at Knight
Mother Child A	July 13	2:00PM	July 16	2:00PM
Friends & Family A	July 17	2:00PM	July 20	2:00PM
Friends & Family B	July 27	2:00PM	July 30	2:00PM
Mother Child B	July 31	2:00PM	August 3	2:00PM

Directions to Knight Park

From Portland

Take I-5 south to Tigard/99W exit. Continue on 99W through Sherwood and Newberg. Take Hwy 18 and follow signs to Hwy 101. Take 101 NORTH for 1/2 mile then turn left on Three Rocks Road. Follow the road for about 3 miles to Knight Park. Make sure to leave enough time for summer traffic delays. Approximately 2 1/2 to 3 hours from Portland.

Late Arrival and Early Departures

The unique location of Camp Westwind is part of what makes camp so magical—it also makes accommodating late arrivals and early departures difficult. Your request for special accommodations for late arrival and early departure must be made to the Camp Director by email or phone and may require a fee with no guarantees.

Our refund policy stands, regardless of circumstances that may arise with little notice.



FAMILY CAMPER PACKING LIST

Clothing

- □ Jeans, pants or sweatpants (2-3 pair)
- □ Shorts (2-3 pair)
- $\hfill\square$ T-shirts, long sleeved shirts
- □ Sweatshirts, warm sweater
- Warm Jacket
- Underwear
- Socks
- Pajamas
- □ Waterproof rain gear (jacket/poncho)
- Swim suit
- Something White to tie dye (T-shirt, socks,etc.)
- A set of shorts, t-shirt, shoes that can get really muddy – "mud mucking clothes"
- □ Sturdy shoes or boots for hiking
- □ Sturdy shoes for sand & water (flip flops are not recommended)

Sleeping

- Warm sleeping bag
- Pillow
- Twin sheet to cover mattress (optional, but recommended)

Toiletries

- Bath towel
- Beach towel
- □ Toothpaste and toothbrush
- Soap
- □ Shampoo & conditioner
- Comb/brush
- □ Sunscreen-VERY IMPORTANT
- □ Insect repellent
- Medications (in original containers, marked, with instructions)

Other

- Water bottle
- $\hfill\square$ Flashlight/Headlamp and extra batteries
- □ Hat/Sun hat or visor
- □ Backpack for hikes/
- Camera
- Playing cards/travel games (optional)
- (optional)
- □ Beverages/Snacks for evening Adult Time

Packing Tips

- Please label all belongings with your camper's full name
 this helps facilitate the lost & found process.
- Please DO NOT bring your packed items in a plastic garbage bag - this does not support our environmental mission.
- Pack items in bags you can easily carry up a steep, sandy hill. Wheeled bags are NOT recommended.
- Remember coastal weather- it is typically 10+ degrees cooler than Portland. Please pack accordingly.

A Note about Personal Care Products

Westwind is on a septic system and we need your help to keep it running properly. Please DO NOT use antibacterial soaps (the septic system relies on healthy bacteria to run properly), body washes and other products high in fats and proteins. There are biodegradable, castile, and other environmentally-friendly products available at most grocery stores.

Please DO NOT bring these items to camp:

- Alcohol (ALL family camps will be alcohol free)
- Electronic equipment you don't want damaged
- Weapons
- Any illegal substance
- Pets

Lost and Found!

Email <u>info@westwind.org</u> to schedule a time to find your belongings. Our final lost and found pick up will be on Saturday September 14th 9am-12pm at the Portland office. 825 NE 20th Suite 310 Portland, OR 97232

Westwind is not responsible for items which are lost, stolen or damaged. Do not bring items that cannot be easily replaced or that you consider to be expensive.