



## Camper Packing List

- Water bottle
- Warm sleeping bag
- Pillow
- Jeans, pants or sweatpants (2-3 pair)
- Shorts (2-3 pair)
- T-shirts, long sleeved shirts
- Sweatshirts, warm sweater
- Underwear
- Socks
- Pajamas
- Sturdy shoes or boots for hiking
- **Sturdy shoes for sand & water (flip flops are not recommended)**
- Flashlight/Headlamp and extra batteries
- Warm jacket
- Waterproof rain gear (jacket/poncho)
- Swim suit
- Bath towel
- Beach towel
- Soap
- Shampoo & conditioner
- Comb/brush
- **Sunscreen-VERY IMPORTANT**
- Hat/Sun hat or visor
- Insect repellent
- Toothpaste and toothbrush
- Medications (in original containers, marked, with instructions)
- A set of shorts, t-shirt, shoes that can get **really muddy** – “mud mucking clothes”
- Small backpack for hikes/overnights
- Something White to tie dye (T-shirt, socks etc)

### Extras for Teen Programs

- Large backpack—for a 2-day overnight trip
- Notebook/Journal
- Extra warm sleeping bag

### Optional for All Campers

- Camera
- Twin sheet to cover mattress

### Packing Tips

- Please label all belongings with the camper's name. This helps facilitate the lost & found process.
- Please **DO NOT** send your camper's bags in a black garbage bag. This does not support our environmental mission.
- Pack items in luggage your camper can easily carry up a steep, sandy hill. Wheeled bags are **NOT** recommended
- Pack with your camper so they know what was sent to camp. A checklist may also be a helpful tool.

### A Note About Personal Care Products

Westwind is on a septic system and we need your help to keep it running properly. Please **DO NOT** use antibacterial soaps (the septic system relies on healthy bacteria to run properly), body washes and other products high in fats and proteins. There are biodegradable, castile, and other environmentally-friendly products available at most grocery stores.

### Please **DO NOT** bring these items to camp:

- Electronic equipment of any kind
- Weapons
- Any illegal substance
- Pets
- Food/Candy

### Lost and Found!

Missing something? Please call the camp office at 541.994.2383 and we will see if we have it. If an item has been located we will be happy to make arrangements for its return.

Camp Westwind is not responsible for items with are lost, stolen or damaged. Do not send items that cannot be easily replaced or that you consider to be expensive.