

Camp Season 2015 Family Camper Handbook

Congratulations and Welcome to Westwind! This Handbook provides essential information for Westwind campers, with a particular focus on what to bring, forms required, and transportation logistics for getting to Westwind. A great camp experience awaits each camper (parents and child), and reviewing this Handbook is a crucial step to insure everyone is prepared and ready for Camp Westwind.

Important Information about Your Camper's Health History Forms

All health history information is captured in our online registration system. We **DO NOT REQUIRE ANY PAPER FORMS.** If you registered for camp in the past you merely need to verify the information is still up to date. While it is possible to skip the form and complete it at another time we still require completion prior to your camper's session. This form is very important and ensures your camper is set up for a successful camp experience. Our online system will remind you automatically if you have any incomplete forms. If your camper arrives to camp with an in- complete form there will be a \$25 late fee and will be unable to participate in activities until their health history information is complete.

\$ Camp Store, Massage Therapist, and Babysitters

Camp Westwind Family Camps offer a few perks. In our camp store we sell souvenirs such as T-shirts, sweatshirts, mugs and hats. Massage Therapists volunteer their time to offer massage with the proceeds going to the campership fund (tips are theirs to keep, please bring cash for tips). These may all be "charged" to an account and settled at the end of camp.

Teen babysitters volunteer their time to help parents as needed and participate in kids groups. We collect tips for the babysitters and share them equally among them. If you would like to participate please bring cash so we can distribute the tips at the end of the session.

Mail

Campers love to receive mail but before you drop that note or package in the mailbox please understand it often takes 2-3 days to reach camp. Include a return address. Please DO NOT send food - our critters can't keep their paws out of it...

The address is: Camp Westwind Session # Camper's Name PO Box 408 Otis, OR 97368

Transfers and Cancellations

We understand that plans change and you may have to cancel or transfer your reservation. There are costs incurred every time we cancel and transfer reservations. That is why our policy indicates a \$15 transfer fee and a sliding scale for cancellations. Please review the complete policy at: http://westwind.org/camps/general-information/

Camp Payments

Camp Westwind offers flexible payment options. You may make payments in whatever fashion suits your budget be that weekly, monthly, quarterly, etc. We do need to have camp paid for prior to attending. If you are in need of any financial assistance (even just partial fees) Campership applications are available online.



Emergency Contact

<u>In the case of an emergency</u> please call the camp office at 541-994-4591

Key Camp Contacts

Camp Director:

Janette "Pickle" Kunkel 503.319.6062 ette@westwind.org

Business Manager:

Sarah "Sassy" Keplinger 971.409.5337

Arrival and Departure Schedule

Session	Start Date	Check-in at Knight Park	End Date	Pick-up at Knight Park
Mother Child A	June 24	2:00PM	June 27	11:30AM
Father Child	July 11	2:00PM	July 14	11:30AM
Mother Child B	July 15	2:00PM	July 18	11:30AM
Mother Child C	August 1	2:00PM	August 4	11:30AM
Friends & Family	August 19	2:00PM	August 22	2:00PM
CampOUT	August 22	2:00PM	August 25	11:30AM

Important Information for Knight Park Check-in:

- We strongly encourage families to carpool as much as possible. There are a limited number of parking spots. We may ask some families to shuttle cars to an overflow lot if parking spots are unavailable.
- Please drive SLOWLY and follow staff instructions, there will be many excited kids in the parking lot.
- Knight Park is a PUBLIC park. Please remain with your child at all times. No running or playing in the parking lot.
- Please park and bring your camper(s) with luggage to the Westwind Truck. DO NOT park in the boat trailer spaces and give the right of way to boaters.
- Cars will remain in the parking lot at Knight Park. This is a public park so do not leave any valuables in your car. We are not responsible if you lose any items from your car. The park is in a remote location so any break -n is unlikely.
- If you are interested in a ride-share or car pool, join one of our Family Camp Facebook pages and reach out to other camp families:

Mother Child @ Camp Westwind Father Child @ Camp Westwind CampOut @ Camp Westwind

Directions to Knight Park

From Portland

Take I-5 south to Tigard/99W exit. Continue on 99W through Sherwood and Newberg. Take Hwy 18 and follow signs to Hwy 101. Take 101 NORTH for 1/2 mile then turn left on Three Rocks Road. Follow the road for about 3 miles to Knight Park. Make sure to leave enough time for summer traffic delays. Approximately 2 1/2 to 3 hours from Portland.

Late Arrival and Early Departures

The unique location of Camp Westwind is part of what makes camp so magical—it also makes accommodating late arrivals and early departures difficult.

Your request for special accommodations for late arrival and early departure must be made to the Camp Director by email or phone and may require a fee with no guarantees.

Another option is to transfer sessions. The transfer fee is \$15. Our refund policy stands regardless of circumstances that may arise with little notice.

Family Camper Packing List

- Water bottle
- Warm sleeping bag
- o Jeans, pants or sweatpants (2-3 pair)
- Shorts (2-3 pair)
- o T-shirts, long sleeved shirts
- o Sweatshirts, warm sweater
- o Underwear
- o Socks
- Pajamas
- Sturdy shoes or boots for hiking
- Sturdy shoes for sand & water (flip flops are not recommended)
- o Flashlight/Headlamp and extra batteries
- Warm jacket
- Waterproof rain gear (jacket/poncho)
- o Swim suit
- o Bath towel
- o Beach towel
- o Soap
- Shampoo & conditioner
- o Comb/brush
- Sunscreen-VERY IMPORTANT
- Hat/Sun hat or visor
- o Insect repellent
- Toothpaste and toothbrush
- Medications (in original containers, marked, with instructions)
- A set of shorts, t-shirt, shoes that can get really muddy – "mud mucking clothes"
- Small backpack for hikes
- Something White to tie dye (T-shirt, socks etc)
- o Pillow

Optional for All Campers

- o Camera
- Twin sheet to cover mattress
- Playing cards/travel games
- o Small lawn chair
- Beverages/Snacks for evening Adult Time



Packing Tips

- Please label all belongings with the camper's name. This helps facilitate the lost & found process.
- Please DO NOT send your camper's bags in a black garbage bag. This does not support our environmental mission.
- Pack items in bags your camper can easily carry up a steep, sandy hill. Wheeled bags are NOT recommended
- Pack with your camper so they know what was sent to camp. You may copy this page to serve as a checklist.

Please DO NOT bring:

- Electronic equipment of any kind (except cameras)
- Weapons
- Home tattooing equipment ("Stick & Poke")
- Any illegal substance
- Pets
- Food/Candy

Personal Care Products

Westwind is on a septic system and we need your help to keep it running properly. Please DO NOT use antibacterial soaps (the septic system relies on healthy bacteria to run properly), body washes and other products high in fats and proteins. There are biodegradable, castile, and other environmentally-friendly products available at most grocery stores.

Lost and Found!

Missing something? Please call the business office at 541.994.2383 and we will see if we have it. If an item has been located we will be happy to make arrangements for its return.

Camp Westwind is not responsible for items with are lost, stolen or damaged. Do not send items that cannot be easily replaced or that you consider to be expensive.